

A Necessary Life Curriculum

A STEP INTO THE GRANDEUR-OF-YOU

Choice Points in Action

THROUGHOUT THE WEEK (FOR 7 DAYS) TRACK AS MANY
CHOICE POINTS THAT COME FORWARD FOR YOU.

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____
- 7) _____
- 8) _____
- 9) _____
- 10) _____
- 11) _____
- 12) _____
- 13) _____
- 14) _____
- 15) _____
- 16) _____
- 17) _____
- 18) _____
- 19) _____
- 20) _____
- 21) _____



Choice Points in Action

Is there anything holding me back from Whole Self-Acceptance? _____

What is my usual thought at the time I am about to make a choice?

Do I share my utmost desire regarding the choice or something else? _____

Do I most often feel proud of my choices or something else? _____

How can you stop compromising yourself? _____

