

# *A Necessary Life Curriculum*

## A STEP INTO THE GRANDEUR-OF-YOU

### *Choice Points in Action*

THROUGHOUT THE WEEK (FOR 7 DAYS) TRACK AS MANY  
CHOICE POINTS THAT COME FORWARD FOR YOU.

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_
- 9) \_\_\_\_\_
- 10) \_\_\_\_\_
- 11) \_\_\_\_\_
- 12) \_\_\_\_\_
- 13) \_\_\_\_\_
- 14) \_\_\_\_\_
- 15) \_\_\_\_\_
- 16) \_\_\_\_\_
- 17) \_\_\_\_\_
- 18) \_\_\_\_\_
- 19) \_\_\_\_\_
- 20) \_\_\_\_\_
- 21) \_\_\_\_\_



## *Choice Points in Action*

Is there anything holding me back from Whole Self-Acceptance? \_\_\_\_\_

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What is my usual thought at the time I am about to make a choice?

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Do I share my utmost desire regarding the choice or something else? \_\_\_\_\_

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Do I most often feel proud of my choices or something else? \_\_\_\_\_

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How can you stop compromising yourself? \_\_\_\_\_

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