

A Necessary Life Curriculum

A STEP INTO THE GRANDEUR-OF-YOU

Honoring Your Self

IT IS THE RESPONSIBILITY OF EVERY FEMALE TO HOLD HERSELF IN A PLACE OF SELF-HONOR. A PARTNER ISN'T ABLE TO HONOR YOU UNTIL YOU HONOR YOURSELF. A PARTNER CAN'T VALUE YOU UNTIL YOU VALUE YOURSELF. AND ONCE YOU VALUE YOURSELF, WHEN YOU DECIDE TO BE WITH A PARTNER, THEY HAVE TO EARN YOU. LIFE BECOMES MORE BEAUTIFUL AND FULFILLING WHEN YOU KNOW....

YOU'RE THE PRIZE.

IT'S NOT FROM AN EGO STATE OF KNOWING, IT'S FROM THE INTRINSIC STATE OF YOUR BEING.

List 4 ways that you are going to honor yourself from this point forward?

- 1) _____
- 2) _____
- 3) _____
- 4) _____

From the learning in this course, what are 4 choices that you're willing to choose differently that will show YOU; you are aware of your value?

- 1) _____
- 2) _____
- 3) _____
- 4) _____

List 4 ways that you will center yourself to anchor in the knowing you are valuable?

- 1) _____
- 2) _____
- 3) _____
- 4) _____



Honoring Your Self

CONTINUE WRITING A LIST OF ALL THE OTHER WAYS IN WHICH
YOU CAN HONOR YOURSELF

WRITE THEM DOWN, PRINT OUT AS MANY SHEETS AS YOU NEED.... AND, WAY TO GO!

