

A Necessary Life Curriculum

A STEP INTO THE GRANDEUR-OF-YOU

*Are you
ready to create a
Life-of-
Delight?*

*Are you
ready to
know ecstasy?*

IF THE ANSWER IS
NOT A RESOUNDING
YES OR THERE IS EVEN
A HINT OF DOUBT, USE
THIS WORKSHEET TO
SUPPORT YOU IN
MAKING THE RIGHT
CHOICES FOR YOU.

Do I pretend I've got it all together?

Do I often compare myself to and judge others?

Am I so far away from myself I can no longer see me
clearly?

Is the life you're living beneath the vision you had for
yourself? _____

Am I living as I choose or the life someone else has
crafted for me? _____

What do I see that communicates to me I have more
to explore? _____

EACH EXPERIENCE IS BENEFICIAL TO YOUR
CURRENT MOMENT AND UPON RELEASING,
LEADS YOU TO YOUR LIFE-OF-DELIGHT

