

## A Necessary Life Curriculum

## A STEP INTO THE GRANDEUR-OF-YOU

## Love Communications

LOVE COMMUNICATION IS ANYTHING YOU'D LIKE TO HEAR, THINK, OR EXPERIENCE THAT COMMUNICATES **LOVE** TO YOU.

Each Morning	Hello precious one, I'm so happy to see you this morning  wouldn't it feel so good if every morning you heard those words,  wrapped in so much love
Understanding Mistakes	Okay, I made a mistake, it wasn't intentional and I'm not going to beat myself up about it.  wouldn't it feel so good to hear this each time you make a mistake
Spreading Joy	Today, let's do something different and find one person to give a big smile to for no reason except to express Joy.  wouldn't it feel great to be walking down the street, meet the eyes of a stranger, and have them view the biggest smile, just because?
Every Evening	Goodnight sweetheart, you've done your best today. Rest well and be grateful for everything.  Wouldn't it be nice to go to sleep with a Peaceful mind and a grateful heart?