

A Necessary Life Curriculum

A STEP INTO THE GRANDEUR-OF-YOU

Recognizing Opportunity in Each Choice Point

1) When have you made choices based on what you “should” do instead of what is best for You ?

2) When have you made choices out of fear?

3) When have you kept silent in order to not “rock the boat”?

4) When have you gone against your Inner Knowing/Guidance?



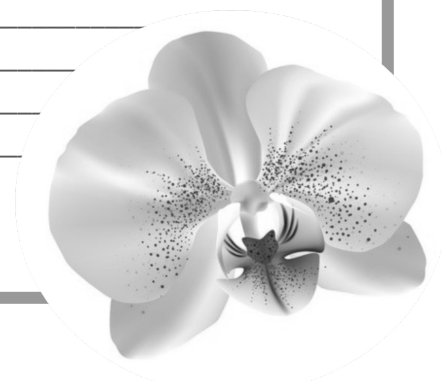
Self-Acknowledgement Worksheet

5) When have you put another's well-being over your own?

6) When have you ignored your dreams so that someone else can follow theirs?

7) When have you remained hidden because of thoughts of unworthiness?

8) When have you not stood up for yourself?



Self-Acknowledgement Worksheet

9) When have you held your feelings inside, not sharing them because they may make others uncomfortable?

10) When have you put yourself in a position of less worthy of another, letting them make decisions for you?

11) Looking at your past relationships, what threads do you see in your Choices that seemingly had a negative impact on you?

