

# A Necessary Life Curriculum

## A STEP INTO THE GRANDEUR-OF-YOU

### *Familial Et Societal Conditioning Awareness*

IT'S OKAY TO ACCEPT PREVIOUS CONDITIONING AS LONG AS IT IS IN ALIGNMENT WITH HONORING YOURSELF. REVIEW YOUR CONDITIONS TO RELEASE GRANDEUR SHEET AND COMPLETE THE SECTIONS BELOW

Conditioning: \_\_\_\_\_

Have you released this conditioning? \_\_\_\_\_

If yes, acknowledge yourself out loud by saying: I choose myself because 'I am The Prize'.

If no, complete a Self-Forgiveness Process and write down anything that may be standing in the way of your release.

*I will continue to Release this conditioning each opportunity I have,  
knowing that Release is a process and not an event.* \_\_\_\_\_ initials

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