

A Necessary Life Curriculum

A STEP INTO THE GRANDEUR-OF-YOU

Laying Out Opportunities

LIST AN AREA IN YOUR LIFE THAT YOU WOULD LIKE TO SHIFT IN A DIFFERENT DIRECTION :

List all behaviors and habituations to let go of in support of this shift

Do you Trust yourself to Release these behaviors and habituations

Do you know you are capable to make the shift from outside validation to Inner Knowing of your worthiness?



Laying Out Opportunities

Do you have an understanding of what being The Prize is?

When was a time when you experienced your Power?

Are you aware of your muscle for making Self-Honoring Choices becoming stronger?

What could you do in your life to strengthen the muscle for making Self-Honoring Choices

How can you shift your thinking which will change your actions that will allow you to Honor yourself more?

